

TCC Food Pantry Wish List

Protein Foods: Meat, Beans, Nuts		Grains: Bread, Cereal, Rice and Pasta	
Tuna Fish Canned Chicken Canned Stew Canned Chili Peanut Butter Nut Butters Meals in a Box Canned Beans Baked Beans Dry Beans Nuts – Salted and Unsalted		Cereals Whole Grain Cereals w/ 5 grams fiber/serving Granola Oats Rice Pasta GF Pasta Canned Pasta (Ravioli, etc) Noodle/Pasta Side Dishes Rice Side Dishes Macaroni and Cheese GF Macaroni and Cheese Boxed Potatoes Brownie Mixes Cake Mixes Canned Cake Frosting Crackers Graham Crackers Cookies Granola Bars Pancake Mix Muffin Mix Infant Cereal	
Dairy: Milk and Cheese	Vegetables	Fruits	Oils and Condiments
Infant Formula Nonfat Dry Milk Evaporated Milk Shelf-Stable Milk Almond Milk Soy Milk Rice Milk Canned Pudding Boxed Pudding	Canned Vegetables Canned Soup Low-Sodium Soup Low-Sodium Broth Canned Tomatoes Pasta Sauce Baby Food Vegetables	Canned Fruit Raisins Applesauce Dried Fruit 100% Fruit Juice Juice boxes/Pouches Baby Food Fruit	Vegetable Oil Olive Oil Salad Dressing Syrup Jelly and Jam Honey Sugar Sweeteners Mayonnaise Spices
Cleaning Products		Toiletries/Baby Needs	
Sanitary Wipes Spray Cleaners Bleach Laundry Detergent Dish Detergent Facial Tissues Paper Towels Toilet Paper		Diapers Wipes Baby Food Formula Toothpaste Toothbrushes Soap Deodorant	